

## Application

Programme	Erasmus+
Action Type	KA210-SCH - Small-scale partnerships in school education (KA210-SCH)
Call	2024
Round	Round 2

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## Context

Field School Education

Project Title Pass, Attack, Shoot, Score!

Project Acronym PASS

Project Start Date (dd/mm/yyyy)	Project Duration	Project End Date (dd/mm/yyyy)	National Agency of the Applicant Organisation	Language used to fill in the form
01/01/2025	18 months	30/06/2026	BG01 - Human Resource Development Centre (HRDC)	English

Project lump sum 60 000,00 €

For further details about the available Erasmus+ National Agencies, please consult the following page: [List of National Agencies](#).

## Priorities and Topics

All project proposals under the Erasmus+ Programme should contribute to one or more of the programme's policy priorities.

Please select the most relevant priority according to the objectives of your project.

HORIZONTAL: Inclusion and diversity in all fields of education, training, youth and sport

If relevant, please select up to two additional priorities according to the objectives of your project.

SCHOOL EDUCATION: Tackling learning disadvantage, early school leaving and low proficiency in basic skills

HORIZONTAL: Common values, civic engagement and participation

Please select up to three topics addressed by your project.

Physical and mental health, well-being

Initial and continuous training for teachers, trainers and other education staff

European identity, citizenship and values

## Project description

### Description

What are the concrete objectives you would like to achieve and 'outcomes or results you would like to realise'? How are these objectives linked to the priorities you have selected?

The concrete objectives we would like to achieve can be divided into specific and worthwhile ones.

These common objectives include development of participants:

PHYSICAL AND MENTAL HEALTH, WELL-BEING topic

- a) Physical fitness and skills (all participants);
- b) Mental alertness for at least 50% participants after an 18 month project;
- c) Ethical qualities for at least 70% of participants;
- d) Constructive social abilities for at least 60% of participants;
- e) Emotional maturity for at least 50% of participants.

More specifically,

INCLUSION AND DIVERSITY IN ALL FIELDS OF EDUCATION, TRAINING, YOUTH AND SPORT priority  
we'd like:

- to improve students' study achievements and their sporting results in sports developed at the four schools;
- to involve students with fewer opportunities from our schools (low incomes, ethnic groups, migrant background, educational difficulties);
- to diversify the technical skills and methods of teaching in the relevant sports;
- to establish a communication and training link participation in common sports camps between coaches and students;
- to learn new sports facts of interest for both students and their coaches;
- to assist and enrich teaching training ideas which will motivate and facilitate students' participation in sports meetings and build them to become champions in future.

EUROPEAN IDENTITY, CITIZENSHIP AND VALUES topic

- to increase students' confidence as athletes in United Europe who can apply new methods in sport;
- to discover 3 languages that are not very popular in Europe - Bulgarian, Romanian and Turkish;
- to encourage interaction and cooperation among students, coaches and teachers from participating countries and build friendship through European Education.

We'll have the students communicate and share their ideas in a European framework, which will raise their awareness about the other EU countries, customs and traditions.

TACKLING LEARNING DISADVANTAGES priority

- to develop skills for TEAMWORK, exercising self-discipline in order to achieve team goals;
- to improve participants' level of English and digital skills.

The 'outcomes or results we would like to realize has gone into the evidence that Sport is a crucial part of school life because being active has positive benefits on students' behaviour, attendance and school results. Playing sport is vital for young people's physical and mental health, whilst also improving their concentration. On the other hand, this project is offering professional development opportunities to our staff to help put pupil's needs and enjoyment at the heart of sports trainings and school sport.

We will produce the following concrete products:

1. 3 linguistic and sports exchanges;
2. A project website and a digital sports picture dictionary;
3. A logo and Erasmus+ corner;
4. E-brochure: 'Breaking down stereotypes in traditional methods of sport training process';
5. E-catalogue with sports resources;
6. A CD sports songs;
7. A video about popular rural games in childhood.

Please outline the target groups of your project

Students, teachers (sports and general subjects), other school staff will be directly involved in the project activities.

Students in the target group are 200 boys and girls aged 11-19. More specifically the project involves directly in exchanges 60 secondary school students aged from 14 to 19 years who train different sports in the junior and cadet categories in their schools and 20 general subjects and sports teachers / coaches.

As direct participants, students will contribute to the organization of the exchange hosted by their school. All of them will be engaged in project activities in their school. They evaluate the activities and answer final questionnaires too. The students SELECTION CRITERIA for the participation to a mobility will largely be the same: MOTIVATION and ACTIVE INVOLVEMENT in the project activities and in their implementation. Boys and girls will be equally selected to take part in mobilities.

During the mobility in abroad, students will be from: Bulgaria - football and handball teams from BG sports high school for boys and girls; other sports (badminton, chess, wrestling, volleyball) from BG vocational high school; Romania - football and handball teams for boys and girls; Turkey - football for boys). This collaboration between 3 sports schools and 1 vocational high school will provide all students with the opportunity to expose different playing styles and experiences in their sports through joint trainings and friendly matches.

Each project team has at least 3 teachers per mobility, with clear duties for organization of activities, selection of participants, evaluation and monitoring, dissemination and 10 students. The two Bulgarian schools will take part in a mixed team (5 students and 2 teachers from both Bulgarian schools during C2-C3 exchanges).

English, Mother language, History, Art, Music, and ICT teachers support the project activities and publishing the results. The work they will do in this project will both contribute positively to their professional development and ensure that the students they teach become well-educated individuals. Thanks to this project, teachers will reinforce teamwork, innovative teaching methods and active use of technology and foreign languages.

Other school staff are involved in the project. The accountant - in charge of finances, administrative staff - responsible for logistic, the head teacher coordinates the school team, supervises the ongoing implementation of the tasks and etc.

Parents of students will be informed about the project progress, partial results obtained from the school coordinator and teachers during exchanges and parent meetings.

Also, indirectly the communities of consortium member schools, neighboring schools, representatives of education authorities of local governments, public institutions and organizations operating in the field of Sports - at local, national and international level, sports associations will be affected by the project activities and outcomes.

Please describe the motivation for your project and explain why it should be funded

We are 3 European sports schools and 1 vocational high school by the goal of sharing our experiences in SPORTS EDUCATION (along with how it benefits secondary general education) and activities aimed at improving the awareness and level of involvement of students, to make them understand the importance of sports in students' life and thus to attract more students to our schools that is a vital part of helping our schools grow.

Other reasons to create this project is on the one side the idea of making our students feel more interested in their learning process (GENERAL SUBJECTS), thus improving their school outcomes and, on the other side, the desire to promote a successful dialogue among people coming from neighboring countries in Europe.

The schools that are taking part in this project are: schools that are characterized by a mix of cultures, nationalities and religious beliefs. We will take advantage from this program, which should lead to create a positive and peaceful school environment by making students more tolerant towards diversity; eventually they will grow broad-minded and led to acceptance of the other. The project is aimed at students aged from 14 to 19 years old because they're still young enough to absorb the values we want to transmit them, but, at the same time, they have already developed the necessary skills for the project and furthermore they are in a tough age when they most need tips.

We are also motivated to take part in this project because it is a way to give students, coaches, and teachers the opportunity to exchange of feedback in sports, methodological and technical skills in rehabilitation and sports training process in joint Sports Camps and discussions. The chance to have sports events in various types of sports will be useful for students' future competitions and raise their success to be future champions and winners.

Direct approach: The project themes are aligned mainly with the Sports training curriculum, but it'll be carried out not only during regular sports training process for students but also during classroom activities.

Most of the activities involve different school subjects such as:

- Mother tongue: analysis and compilation of the materials;
- English: communication, exchange of information with the partner, introduction of new sports vocabulary, collecting of the results;
- History: attention aimed at historical sports events in the partner's country or worldwide;
- Music: collecting songs dedicated to big sports events held in the past and recording them;
- Art: preparing posters and brochures;
- ICT: making digital materials.

This project will help greatly our students of today and of the future, not only in terms of better academic and sporting results but also for building long term interest and motivation for success.

With our project being entitled to receive a grant, our staff who have not experienced Europe before will have the opportunity to benefit from the opportunities offered by EU.

How does the project address the needs and goals of the participating organisations and the identified needs of their target groups?

Sport represents an integral part of the lives of millions of Europeans. Support for sport builds community cohesion, grows social inclusion and leads to an enhanced sense of European identity. That's why our education professionals from 4 schools who are regularly involved in ensuring sport continues tackle challenges in this field need to take part in initiatives whose goal is to assist the young European citizens to become more involved in sport-related activities to promote healthy lifestyles across our students and using the power of sport to increase social inclusion for disadvantaged groups of them. Before starting the actual project, the coordinator will create the space of the e-twinning platform of the project, where we will communicate, monitor the activities and disseminate the results.

In preparing the project proposal, we did joint research (used eTwinning platform) to find out the level of awareness of students' teachers and coaches about the sub-topics of the project: foreign language and digital skills, the use of new training knowledge and approaches, sports instructional materials, sports conditions and etc. The questionnaire we applied to 100 students and 30 teachers and coaches from all schools showed that over 50 percent of students and 90 percent of adults has lacked the necessary digital skills to fully utilize and integrate online coaching and training platforms, lack of using a foreign language in real environment and etc.

The project is intended to address some specific constraints which adversely impact the quality of teaching general subjects and sports training lessons and the lack of appropriate sports knowledge in the participating schools:

- low level of skills among some students, their PE teachers and coaches in the use of new sports training knowledge and approaches;
- lack of a comprehensive set of sports instructional materials for both PE teachers and students;
- lack of a proper sports conditions (not enough sparring partners) at school a fact that can't stimulate students for high sports achievements;
- lack of an appropriate sports information database at school (the problem of sports information sources and resources);

Also:

In line with the needs of the students our project will provide tools and competences that can promote a long and flexible learning attitude, with the final aim to help them moving freely in Europe and equip them for job purpose.

Regarding the needs of the teachers, beyond the need to exchange good practices and bringing innovative school environment, they need to emphasize character building, critical thinking and practical skills to their learners that are essential for success in today's world.

In terms of project management needs, we need to offer both formal and informal activities that promote commitment and shared values, encourage inter- and cross-disciplinary collaborative activities, promote learning through ICT, foreign languages, cultural practice and encourage mobility.

#### What will be the benefits of cooperating with transnational partners to achieve the project objectives ?

The project will enable our students to acquire knowledge, sports and technical skills for DEVELOPING APPROPRIATE SPORTS SKILLS and relevance of knowledge in sports competitions and also to IMPROVE THEIR RESULTS IN GENERAL SCHOOL SUBJECTS. The project gives the opportunity to students to discover new ways for training with a foreign partner that is unknown for them. By participating in sports camps, use of modern sports facilities, and modern restoration procedures students will have the chance to learn, develop and implement an effective model for improving their sports techniques, increase their sports performance, respectively their achievements to reach the European, World and Olympic results.

We expect the following benefits:

- to become a part of the European sport community;
- to modernize and diversify the methods of teaching in sports;
- to use modern sports facilities;
- to raise students' achievements and increase cooperation and communication between students, coaches and teachers from the participating countries and their teamwork skills, language skills and critical thinking;
- to enrich the experience in the field of sport by involving students from a vocational high school.

The project engages participants in ORGANIZED ACTIVITIES WITH OTHER STUDENTS WHOSE BACKGROUNDS MAY BE DISSIMILAR from their own (Roma students, other religion). The project will help young people acquire the basic skills for life and skills essential for their personal development, and future employment.

It also enhances our teachers learning, mobility and employment. They will improve their intercultural competence and become more aware of their own identity within the European reality.

Our participants will become more self-confident and improve their problem-solving abilities. The level of English of non-native speakers will improve because of face-to-face interactions. They will build strong relationships with the other participants through informal meetings. They also become more (inter)culturally aware. They will work in teams and do activities on each of these topics. During the exchanges, their work will be evaluated, receive advice, participate in workshops and events led by experienced teachers and coaches, where they will learn advice.

Thanks to the project, the regions of the partner institutions will be promoted in Europe, as the project participants will get to know partners' countries, especially other culture, habits, and educational systems. All the partners will see their reality and will be able to compare it with theirs and notice that European teenagers sometimes are very similar, thus they become more tolerant and respectful towards other identities.

In summarizing, our partnership has numerous short-term and long-term benefits, both learners and teachers, in terms of PEDAGOGICAL APPROACHES and MATERIALS, OPENNESS TO EUROPE, REPUTATION and therefore in terms of positive and active school guidance towards our organisms.

## Participating Organisations

To complete this section you will need your organisation's identification number (OID).

If you have an OID number please introduce it in this section.

If you are not sure if you have OID number, you can check here: [Organisation Registration System](#)

If you do not have OID number, you can create one here: [Register New Organisation](#)

Whenever an OID has reached the limit agreed of appearances in drafts and submitted forms, a notification by email will be sent to the Authorized person of that OID. We can include in the email a list of projects where that OID is encoded providing all the information necessary for him to act if he needs to: Form ID, Name of the applicant organization, National agency. If we don't have the NA and the applicant organisation filled in the form **we don't count this form** to the value which triggers the email notification.

According to the Programme Guide, each organisation (OID) can apply only once as applicant organisation and can be included in a total of 10 Small-scale partnerships in the fields of vocational education and training, school education, adult education and youth per application round. The maximum number includes all applications in the listed fields, regardless of whether the organisation is a coordinator or a partner. Once this limit is reached, it will not be possible to submit further applications with the same organisation (OID).

### Applicant - SPORTNO UCHILISHTE G.S.RAKOVSKI (E10072759 - BG)

Organisation ID	Legal name	Country
E10072759	SPORTNO UCHILISHTE G.S.RAKOVSKI	Bulgaria

#### Applicant details

Legal name	SPORTNO UCHILISHTE G.S.RAKOVSKI
Country	Bulgaria
Region	Добрич (Dobrich)
City	DOBRICH
Website	www.sportnodobrich.com

#### Profile

Is the organisation a public body?	Is the organisation a non-profit?
Yes	Yes
Type of organisation	School/Institute/Educational centre – General education (secondary level)

#### Background and experience

Please briefly present your organisation.

##### What are the organisation's main activities?

Sports School “Georgi Stoykov Rakovski”, Dobrich, was established in 1984 and it offers specialized training and facilities for students thinking of pursuing sports as a profession. It is in town of Dobrich, situated in the northeastern part of Bulgaria, near the Black Sea.

Our school develops seven (7) kinds of sports: athletics, boxing cycling, football, handball, weightlifting and wrestling. It educates pupils living in our region, aged 11-19. The students are divided into 8 classes from V-XII class who train one sport and a regular academic curriculum. The students from the upper classes (9th-12th grades) are also trained for the profession: ‘Assistant sports coach’. The sports coaches and teachers in general subjects offer plenty of individual attention to students. Students take part in national and international contests. We have many professionals (national, European, and Olympic champions) in different sports. The school has very good indoor and outdoor sports facilities, too.

##### What are the organisation's activities in the field of this application?

From state-of-the-art training grounds to experienced coaches, our sports school mission is to help students reach their full potential in their chosen sport. It provides extensive training and learning to students under the guidance of well-prepared coaches.



Participation in regional, national and international projects and programs for the exchange of practical experience and ideas between students, teachers, coaches and specialists is a priority in our education.

At the same time, through several activities the teaching staff tries to enlarge the students' skills necessary to their development as citizens of the world through participation in national projects: 'Together in art and sport', 'Education for tomorrow', 'Sports and digital skills', 'Computer sports trainings', 'Equal access to school education' and in some EU projects: 'Two European Schools for Future Champions', 'Together we make the way'; 'Smart schools for smart age', 'Our Surroundings and Sharing our Heritage'.

What profiles and age groups of learners are concerned by the organisation's work?

Our target group is students 11-19 years who are educated in our institution. There are currently 170 students enrolled, 14 teachers in general school subjects and 12 sports coaches who work with these students and help them to reach their sporting and educational potential.

A great part of our pupils come from the rural areas and have a poor family background. There are pupils from the Bulgarian minorities as well as most of them are at risk of social exclusion. As their coaches and teachers, we not only educate our students for their professional sports training but also for every field of life. Working on a sport project with other European countries will support the students and coaches with higher school career and motivation for lifelong learning after their graduation. Working on project activities raise students' foreign language and ICT skills and awareness of the variety of European culture. All this makes them an active part in the educational and sports training process.

How many years of experience does the organisation have working in the field of this application? Please reply with a number of years of experience, for example '10'

15

Action Type	As Applicant		As Partner or Consortium Member	
	Number of project applications	Number of granted projects	Number of project applications	Number of granted projects
Small-scale partnerships in school education (KA210-SCH)	0	0	1	0
Newcomer organisation		Yes		
Less experienced organisation		Yes		
First time applicant		Yes		

Would you like to make any comments or add any information to the summary of your organisation's past participation?

No LLP-2009-COM-BP-01 'Two European Schools for Future Champions';  
 2013-1-ES1-COM6- 70351 7 'Together we make the way';  
 2018-1-PT01-KA229-047425\_2 'Smart schools for smart age',  
 2018-1-ES01-KA229-051064\_3 'Our Surroundings and Sharing our Heritage'.

## Partner Organisations

Organisation ID	Legal name	Country
E10086220	Liceul cu Program Sportiv "Florin Fleseriu" Sebes	Romania
E10346338	genclerbirliđi spor lisesi	Türkiye
E10169969	Profesionalna gimnaziya po veterinarna medicina 'Prof. d-r. Georgi Pavlov'	Bulgaria

### Liceul cu Program Sportiv "Florin Fleseriu" Sebes (E10086220 - RO)

#### Partner organisation details

Legal name	Liceul cu Program Sportiv "Florin Fleseriu" Sebes
Country	Romania
Region	Centru
City	Sebes
Website	www.lpssebes licee.ro

#### Profile

Is the organisation a public body?	Is the organisation a non-profit?
Yes	Yes
Type of organisation	School/Institute/Educational centre – General education (secondary level)

#### Background and experience

Please briefly present your organisation.

##### What are the organisation's main activities?

'Florin Fleşeriu Sebeş High School with Sports Program' is a public high school that also provides football and handball training courses, dating from 1970. It located in Sebeş, a town of 27.000 inhabitants in the region of Transylvania in the central of Romania. There are a total of 500 students and 70 employees, of which 51 are teachers. The children come from both urban and rural areas. The school benefits from a team of well-trained teaching staff, 51 teachers, with very good results in school competitions and national exams. The instructional activity from our school stimulates the initiative spirit and the options of our children. Our school pay attention especially to the children with learning difficulties, but also to the ones capable of performances. We have 4 classes with special needs and 10 teachers qualified for their needs. Pupils study French and English as a foreign language. Another characteristic of our school is that we have (re)immigrants from Spain, France etc.

##### What are the organisation's activities in the field of this application?

The aim of our school is to provide basic and secondary high-quality education together with sports education. Our philosophy is that a personality must be in the first place in a person. Then a person becomes healthy, beautiful, attractive and wise.

Programs developed in our school:

We are a school accredited by our School Inspectorate as a training center for university students "1 December 1918" from Alba Iulia, UAB) in internships. We have 4 classes with football and handball specialization (IX-XII). We participate in national and international handball and football tournaments every year.

We belong to the network of "Schools Promoting Safety on Internet" and we also take part in "Hour of Code" project.

- Etwinning project with Turkish, Spanish, Lithuanian, Polish schools.

- Teaching of the English and French languages.

We collaborate with football and handball sports associations and take part in national cadets and juniors championships for boys and girls.

##### What profiles and age groups of learners are concerned by the organisation's work?

The profiles of our learners: we have students around the country, they opted for football and handball; also we have students from rural areas who are not so familiar with the English language, so this project will offer an opportunity to learn it

better. We have students from Roma families or from disadvantaged families. But 20% of them are very competitive in the sport field, especially in handball and football.

For this small scale project we will involve students from 14-18 years old.

The skills and/or expertise of key persons involved in this project are:

- Diane Popa, participated from 2018-2022 to a KA229 project;

The coaches are very well prepared, both theoretically and practically, as evidenced by the number of students invited to the County and National handball and football teams, as well as the number of athletes who are active or have been active in the higher leagues of handball and football or the results obtained in national junior competitions.

How many years of experience does the organisation have working in the field of this application? Please reply with a number of years of experience, for example '10'

15

Action Type	As Applicant		As Partner or Consortium Member	
	Number of project applications	Number of granted projects	Number of project applications	Number of granted projects
Small-scale partnerships in school education (KA210-SCH) 2	0	1	0	
Newcomer organisation		Yes		
Less experienced organisation		Yes		

**genclerbirliđi spor lisesi (E10346338 - TR)****Partner organisation details**

Legal name	genclerbirliđi spor lisesi
Country	Türkiye
City	Yenimahalle Ankara

**Profile**

Is the organisation a public body?	Is the organisation a non-profit?
Yes	Yes
Type of organisation	School/Institute/Educational centre – General education (secondary level)

**Background and experience**

Please briefly present your organisation.

**What are the organisation's main activities?**

Our school was founded on 14th March 1923 by students of Taş Mektep as a sports club. Reason of the foundation was that to raise well-educated football players. Until now Geclerbirliđi Sports club has brought lots of well educated sportsmen in our country and also in the world.

The purpose of the education is to ensure that every child acquires the basic knowledge, skills, behaviors, and habits to become a good citizen, is raised in line with the national moral concepts and is prepared for life.

As our pupils are football players, we also concern their development in Football. Our pupils are 15 years old. We have 25 students and 15 teachers. 3 of them are management staff. Our pupils have 40 classes a week. 11 of them is PE classes (Basic Sport, Team Sports (football), Educational games, Football Techniques and Tactics, Sports education). Teachers are committed to educating humanitarian and high-level students and offering all the necessary knowledge so that students could be prepared.

**What are the organisation's activities in the field of this application?**

As a football high school, we always get in touch with the Turkish football federation. The school promotes healthy lifestyles for students. It encourages students to increase physical activity. Our PE teachers are experienced in football teaching. Our headmaster has been a football trainer for 30 years. He has a pro-license in football. Our founder and PE teacher has also been a football trainer for 11 years. He also played in the Turkish national football team. All our P.E teachers are also experienced in sports psychology, anatomy and kinesiology, and nutrition.

All of our students play in a football club. They train 5 times a week and they have a football competition every week. We believe that this project has the development of participants' key competences at its core, especially when it comes to inclusion and diversity, collaborative work, acceptance and tolerance, in which physical activity is used as a universal language and tool to communicate in a non-linguistic term.

**What profiles and age groups of learners are concerned by the organisation's work?**

Football Club Gençlerbirliđi which has a 100-year-old history is the founder of its own Sports School for young football talents. Our school is the first and only football-themed high school in Turkey. Our target group is 14 -15 years old pupils. All of the are football players and take part in the national football championship for cadets.. Our students are required to pass the aptitude test in order to enter this school. They also need to be academically successful. This is the only way they can enroll in this school. The students of our school are children who are supported financially and spiritually by their families. parents are constantly in cooperation with the school. This is our strong side.

Employed teachers' staff has got wide experiences, psychological and pedagogical skills and is well qualified. The teachers are very successful in their activities and they have been taking part in a different training courses according to a new methodology in Turkish Education System.

How many years of experience does the organisation have working in the field of this application? Please reply with a number of years of experience, for example '10'

15

Action Type	As Applicant		As Partner or Consortium Member	
	Number of project applications	Number of granted projects	Number of project applications	Number of granted projects
Newcomer organisation				Yes
Less experienced organisation				Yes

**Would you like to make any comments or add any information to the summary of your organisation's past participation?**

Social inclusion based on past experience. Some of our students survived the big earthquake we experienced last year. In this sense, they have some disadvantages. These students stay away from their families in the dormitory of our school. Our aim is to provide psychological support to these students as well as to contribute to their development in academic and sports fields.

But one of the issues that we see as a disadvantage of our school is that all of our students are boys. With the fact that football has become popular among girls in our country in recent years, we hope that girls will also come to our school in the coming years. We want to promote women football in future.

## Profesionalna gimnaziya po veterinarna medicina 'Prof. d-r. Georgi Pavlov' (E10169969 - BG)

### Partner organisation details

Legal name	Profesionalna gimnaziya po veterinarna medicina 'Prof. d-r. Georgi Pavlov'
Country	Bulgaria
Region	Добрич (Dobrich)
City	Dobrich
Website	www.pgvm-dobrich.eu

### Profile

Is the organisation a public body?	Is the organisation a non-profit?
Yes	Yes
Type of organisation	School/Institute/Educational centre – Vocational Training (secondary level)

### Background and experience

Please briefly present your organisation.

#### What are the organisation's main activities?

Our school is one of the three specialized professional high schools of veterinary medicine in Bulgaria, in which 230 students from North-Eastern Bulgaria, aged 15-19, are studied for the specialties of: "Veterinary technician", "Food and beverage quality technician" and "Laboratory technician" under the guidance of 21 teachers of professional (veterinarians) and general subjects. Our students get jobs in the field of agriculture, food industry, agricultural institutes and agencies in the country and abroad. The connection between school education and its real practical application is realized with assistance of animal farms, food companies, veterinary clinics and laboratories.

We participate in national and international projects that enable participants to expand their personal and professional competences and skills. Our students receive a diploma and a III degree professional certificate qualification. More than 60% of students continue their education in higher institutions.

#### What are the organisation's activities in the field of this application?

Dobrich is situated at the periphery of Bulgaria; the rate of unemployment is, compared to the average of Bulgaria, rather high; there is also a tendency to emigration to other regions. Our school tries to make up for a part of these disadvantages. Since 2005 we have taken part in EU projects. The school has sport facilities (gymnasium, fitness room, basketball, handball and football pitches) where we try to enhance the personal development of students by promoting sports activities at school. Every year we take part in the national program 'Together in Arts and Sports' with 3 groups of students who train football and volleyball under the supervision of professional coaches. Our 8th-12th grade basketball, football and volleyball school teams participate in the School Municipal Games. Our badminton team qualified for the 'National School Games' this year. We experience that sports activities are a chance to enhance the motivation of our students, connect life in - and outside school.

#### What profiles and age groups of learners are concerned by the organisation's work?

About 222 students (50 % of girls) are carrying out their studies for the profession 'Veterinary Technician', 'Food and beverage quality technician' and 'Laboratory technician'. The school employs approximately 24 teachers, 5 administrative employees and 5 agents (maintenance, cleaning, etc). This project will involve students from 8-11th grades and teachers of PE, ICT, History and Foreign languages.

By taking part in the project, our students will chance to have sports events in various types of sports because it is absolutely needed and it is one of the main priority at a European or global level to educate people about healthier life habits. Diet and physical activities are becoming scarce year by year. The team which will work on it during the project lifetime is absolutely convinced of this a long time ago. We successfully complete numerous and various national and Erasmus+ projects before. So, their expertise will be particularly useful in order to reach the project objectives.

#### How many years of experience does the organisation have working in the field of this application? Please reply with a number of years of experience, for example '10'





Action Type	As Applicant		As Partner or Consortium Member	
	Number of project applications	Number of granted projects	Number of project applications	Number of granted projects
Small-scale partnerships in school education (KA210-SCH) 1		0	0	0
Newcomer organisation		Yes		
Less experienced organisation		Yes		

Would you like to make any comments or add any information to the summary of your organisation's past participation?

Since 2005, our school has implemented more than 20 European projects under Erasmus+ program.

A short list from 2014-2020:

2014-2016 'European School Radio: to hear the voice of young Europeans';

2015-2016 'Family farming in Belgium and the Netherlands - studying good European practices with the aim of developing sustainable animal husbandry to support future Bulgarian farmers';

2015-2017 'Healthy Life';

2015-2018 '(Re)discovery of horses';

2017-1-FR01-KA219-037424E+A (NOAH): Nouvel Ordre écologique, L'Animal et l'Homme dans la culture européenne, une question de civilisation....;

2018-1-BG01-KA229-048037: Developing Young Entrepreneurs by running a mini-company on a European Learning Level;

2018-1-PT01-KA229-047540: Human Impacts @ Coastal Ecosystems;

2018-1-BG01-KA102-047473: Practice in the European Union - a key to professional success;

2018-1-IT01-KA202-006804: TEaching ENTrepreneurship for new FARMers;

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2023-1-BG01-KA122-VET-000143327 'More professional skills by Erasmus+';

## Cooperation arrangements

How was the partnership formed? What are the strengths that each partner will bring to the project?

This partnership is set up mainly because of searching for partners through the European School Education Platform. At the beginning the coordinating school was trying to find suitable sports partners which have specific suggestions according to the needs, the priorities and the goals of this sports project and shared the same enthusiasm under the wider European community perspectives achieved through Erasmus+. We summarized our intention and invited several potential partners to contribute ideas. The partners we chose in this way are Romania and Turkey because they are also sport schools and they have experience in sports activities, which is beneficial for this project, as it aims to exchange best EDUCATIONAL PRACTICES between partner schools.

Later, when the project proposal was in a process of preparing, we found that it would have been a good idea to include a different type of institution that would have an interest, rich experience in the Erasmus+ program and participates in sports events at local level. That's how we made a contact with the second Bulgarian school (PGVM), by personal communication between both principals (we live in the same town and sometimes exchange students).

After establishing our partnership, we held an online Google meeting with the organizations that will take part in our project, where we discussed the strengths and weaknesses of the partner organizations one by one to realize our project with the desired quality.

The coordinating school has had experience in Erasmus+ partnerships, so we are confident that we understand the requirements of such a project. The second Bulgarian school (PGVM) has been participating in Erasmus+ program since 2005 and its big experience will be beneficial and a supportive factor that will contribute to good management activity for us, either.

The other partners have not previous Erasmus + experience, but they nevertheless implement several local projects on sports topics. We'll assist them with specific Erasmus + tasks throughout the project duration. We'll help the Romanian and Turkish partners by explaining all the details and making sure that they understand and apply all the project activities to a satisfactory extent. We will also agree on future steps and deadlines at the end of each project meeting, so that all partners are clear about their responsibilities. The WhatsApp group will be used by our teams to ask any necessary questions and to clarify issues throughout the project.

The Romanian school benefits from a team of well-trained teaching staff with good and very good results in school competitions and also in national exams. The coaches are very well prepared, both theoretically and practically, as evidenced the results obtained in national junior competitions.

Football Club Gençlerbirliği which has a 100-year-old history is the founder of its own Sports School for young football talents. We'll benefit from the excellent coaches and conditions this school provides us.

How will you ensure sound management of the project and good cooperation and communication between partners during project implementation?

A good cooperation between partners and a clear communication plan will ensure the success of our cooperation. The guarantee of the cooperation and the allocation of duties is given by a project structure plan jointly produced by the four partner schools under the coordination of Bulgarian Sports school and a regular correspondence and surveillance of the dates by the coordination team, too. We will establish a mobility's plan (before, during, after/dissemination). We all agreed on common duties and responsibilities that will make project management successful and avoid unwanted misunderstandings between partners. Therefore, each partner must formally set up local project teams and assign tasks to implement all activities in accordance with the application form; select, prepare, and support participants so that risks are eliminated; propose a sample of information on each activity and contribute equally to the creation of the catalogue of materials.

Each partner will host a meeting in which it will have to prepare the agenda, send it to the partners for consultation, organize accommodation facilities to help guests, facilitate transportation (if necessary), organize school and sports activities according to the agenda, evaluate the meeting and the participants, broadcast the ongoing event in the local media.

We will use the following means of communication: - email - for the exchange of official documents and correspondence - WhatsApp group - for short communications and announcements and also for less formal exchanges - eTwinning / Facebook - for official partners' meetings, organized before each transnational event, for organizational purposes and thereafter for evaluation purposes - live eTwinning - for conferences to share and exchange results obtained after applying activities locally, after C1-3.

The results will be published and disseminated in the partnership website with the contribution of our partner schools in the language of communication of the project and in the respective mother tongues.

One of the basic aims of our partnerships is communication and cooperation between students. Therefore, from the very beginning contacts by Internet will be carried out not only between the teachers but also between students. They will exchange ideas, experience, and information by social media (Instagram, FB), eTwinning to share presentations about their interests and activities.

The most effective communication will be carried out during organized sports camps for students' exchanges. Students from all teams will take part in sports trainings and events, friendly matches; will attend in the partner school lessons, where they will study together on live phrases and words together or they will participate in linguistic competitions and discussions.

Together students will make the comparison of not only of sports culture, traditions but also its way of life. The coordinating partner will complete a final report.

Have you used or do you plan to use Erasmus+ platforms for preparation, implementation or follow-up of your project? If yes, please describe how.

We plan to use eTwinning | ESEP and the Erasmus+ and Project Results Platform for preparation, implementation, or follow-up of our project.

They will be our important tools for communication, monitoring, and dissemination throughout the project.

We have already used the European School Education Platform / Networking and searched the database to find project partners interested in our topic. We've created a project with the same title, where we invited to participate as many students as possible and teachers from Europe. To check and assure that the project's events are developed, we must be sure that all teachers and students involved in the partnership between schools are actively use the eTwinning portal for dissemination and sustainability of the project. After each activity event, students will connect one to each other using and making video conference through the eTwinning platform, presenting the materials developed for the activity through this portal and make some demonstrations that will be transformed in a video/photo proof and transmitted to the users aimed. Erasmus+ Project Results Platform is used to identify best practices and success stories on similar topics, so we are inspired by some of these projects. At the end of our project, we will continue to use it to promote our results to other European schools and interested partners.

SUSTAINABILITY development - The eTwinning community will continue to have an important role in the professional growth of the staff at our schools, in the improvement of the international dimension and in development of European citizenship for our students.

Please describe the tasks and responsibilities of each partner organisation in the project.

We all agreed on common duties and responsibilities that will make project management successful and avoid unwanted misunderstandings between partners. Therefore, each partner must:

- formally establish local project teams and assign tasks;
- implement all activities in accordance with the application form;
- select, prepare, and support participants so that risks are eliminated;
- promote an Erasmus+ corner;
- host a meeting (except for PGVM from BG) in which they will have to prepare the agenda, send it to the partners for consultation, organize accommodation facilities to help guests, facilitate transportation (if necessary), organize school activities according to the agenda, sports events, evaluate the meeting and the participants, broadcast the ongoing event in the local media;
- communicate regularly with the other partners and make joint decisions on matters affecting all partners;
- disseminate the results developed during the project in accordance with the dissemination plan;
- monitor local activities and report any delays to the coordinating institution;
- evaluate the students in the target group in the initial, intermediate and final stages of the project.

Bulgarian Sports school /coordinator/ will be responsible for:

- the coordination of all the activities through the whole project;
- analyzing and summarizing the results of the activities through the project duration;
- making conclusions on the regular evaluations and trying to get over the drawbacks through the project;
- the eTwinning space, Facebook and Instagram groups of the project;
- organizing a quiz: 'What do you know about your partner country?' discussion about culture, traditions, habits, and educational systems in partner countries;
- collecting sports songs.

Romanian, Turkish and Bulgarian school /partners/:

- will participate in all the activities included in the project;
- will collaborate with ideas and information necessary for the project.

Romania will be responsible for:

- designing a website of the project and for publishing materials and information in it;
- conducting 'Sports survey' - to investigate students' sports habits, training, injuries, diets, problems connected with sport.

Turkey will be responsible for:

- organizing a logo and a slogan contests;
- compiling the digital brochure: 'Breaking down stereotypes in traditional methods of sport training process'.

The second Bulgarian school (vocational one) for:

- preparing the E-brochure: 'The most important sport events of interest for me';
- structuring a digital picture dictionary in 4 languages.

Each partner contributes equally to design presentations of home country and school; personal team presentations; the creation of a catalogue of sports resources, video about popular rural games in childhood, visits to sport museums, interviews with sport legends, proposes external partnership for activities linked to project topics.

Each country shall issue a certificate of participation.

## Activities

All the activities of a Small-scale Partnership must take place in the countries of the organisations participating in the project. In addition, if duly justified in relation to the objectives or implementation of the project, activities can also take place at the seat of an Institution of the European Union, even if in the project there are no participating organisations from the country that hosts the Institution.

In the following sections, you are asked to provide details about each project activity.

You are asked to provide information about each planned activity as a whole (e.g. its venue, duration, etc.), to define the activity's lead organisation, and optionally to list the other participating organisations. The lead organisation is typically the one organising the activity. The other participating organisations are all other project partners who will also take part in the particular activity. The estimated activity start and end dates can be changed during implementation.

Please include in the section below all planned activities and indicate the grant amount allocated to each one. Keep in mind that the total amount should be equal to the Project lump sum requested.

Activity Title	Estimated start date	Estimated end date	Activity duration (in days)	Grant amount allocated to the activity (EUR)
Module 1: Pass (a way to progress on your goal)	01/01/2025	30/06/2025	181	18 000,00
Module 2: Attack (a forceful effort to reach a goal)	01/07/2025	31/12/2025	184	18 000,00
Module 3: Shoot (towards the goal)	01/01/2026	31/05/2026	151	18 000,00
Module: 4 Score (a goal for the successful project + management)	01/06/2026	30/06/2026	30	6 000,00
<b>Total</b>			<b>546</b>	<b>60 000,00</b>

**Activity Details (Module 1: Pass (a way to progress on your goal))**

Please complete the following table

Activity Title	Module 1: Pass (a way to progress on your goal)
Venue	Bulgaria
Estimated start date	01/01/2025
Estimated end date	30/06/2025
Leading Organisation	SPORTNO UCHILISHTE G.S.RAKOVSKI
Participating Organisations	Liceul cu Program Sportiv "Florin Fleseriu" Sebes (Romania) Profesionalna gimnaziya po veterinarna medicina 'Prof. d-r. Georgi Pavlov' (Bulgaria) genclerbirligi spor lisesi (Türkiye)
<u>Grant amount allocated to the activity</u>	18 000,00 €

**Describe the content of the proposed activity.**

Before the mobility the following activities will be performed:

- A1. A one-day meeting will be held to inform coaches, teachers, students and parents about the aims of the project and its importance;
- A2. An event on the local TV/radio to launch the project to local community;
- A3. Placing a project summary on the school web sites, e-twinning & Facebook groups;
- A4. To launch a competition for students to create a project logo and a slogan that will be printed onto T-shirts;
- A5. Conducting an interview with Top 10 school and town's athletes;
- A6. Making a picture dictionary of everyday words and sports terms, their pronunciation in English, Bulgarian, Romanian and Turkish languages.

During the mobility (C1 meeting in Dobrich, Bulgaria, May 2025).

A7. A 5-day program where students and their sports teachers from the participating schools will be able:

- to share sports training experience;
- take part in linguistic games;
- visit school lessons;
- meet sport stars;
- organize friendly matches and open sports students' tournaments;
- cultural visits;

The exchange will involve in most coaches and students who practice football and handball from the 3 sports school, but also 10 students and PE teachers from BG vocational high school.

We will also show our project products done so far. Students will have the best opportunity to learn words and sentences from foreign languages. They'll spend most of the time with their foreign mates, learn and practice their native languages.

After the mobility

- A8. Opening an exhibition with students' photos from C1 in the partner's country;
- A9. Monitor and evaluate progress on the implementation of the project's aims so far, we will prepare a self-assessment portfolio for coaches, students, teachers. They have to identify the issue that they have been bagging, how pursued his/her aim and how many achievements they've gotten;
- A10. Exchange the carried out works and to evaluate those of this course; Planning the activities for the 2nd period.

**Describe the target group for this activity. Who is going to take part and who is going to benefit from the results?**

The target groups of this activity are the students, PE and sports teachers, general subject teachers from the project partners. In total over 200 direct and indirect participants. Each coordinator will be responsible for managing and maintaining the communication and inform the school community about the project existence (A1 and A2). The ICT teachers will be responsible for managing the school websites information, logo and slogan contests (A3 and A4). Local students will be responsible for developing a list of questions that will be asked of Top 10 school and town's athletes (A5).

Sports and PE teachers, English and Native language teachers will prepare a list of basic words, expressions and sports terms, their translations in partners' languages (A6).

Students from the partner schools - about 150 students are involved in local activities, cultural activities, sports events and direct beneficiaries of the activities observed by their teachers. The students SELECTION CRITERIA for the participation to a mobility will largely be the same: motivation AND active involvement in the project activities and in their implementation. Sports teachers are responsible for communicating with students and staff members. They are planning sports events (during C1) and other physical activity-related assignments for students, mainly focus on handball and football sports, but

also organizing practice sessions to their guests in other sports that the two Bulgarian schools develop. General subject teachers will collaborate with other foreign teachers to ensure our students to get a comprehensive education which balances their mental, physical and emotional requirements. The parents will be indirectly involved in the project activities, as they will help teachers organize activities that involve their children in C1 meeting. Other teachers will benefit from the dissemination activities and will also be able to contribute to the organization from a logistical point of view.

Explain how is this activity going to help to reach the project objectives.

Before starting the actual project, the coordinator will create an e-twinning and a Facebook group of the project, where we will communicate, monitor the activities and disseminate the results. They will be updated regularly and will be a real-time mirror of project activities. Before C1, the participants will create presentations to learn about each country (European identity); design a logo and a slogan proposal, set a list of interviews questions. Thus, they will develop their digital skills, ethical qualities, constructive social abilities. During C1 students will develop their physical fitness and skills, mental alertness, emotional maturity under the guidance of their PE & sports teachers who will teach minute details and techniques about playing a sport and introduce new exercises to students. Also, hosting teachers will propose examples of activities to teach students about different subjects: Languages, History, Geography, Music, Art. Students will attend in the educational process and school life of the host country. Sports teachers will attend round table meetings and collaborate one another to decide upon the sports curriculum in each school. Thus, we will improve students' achievements and results in general subjects and sports; teachers will diversify the technical skills and methods of teaching and try to find a common point for the insertion of teaching materials. Parents will be invited to the final conference where we will present the results of the meeting. We will apply initial and final questionnaires to all participants. After C1, all invited teachers apply the activities/a selection of activities in their schools, analyze the results and present them to the teachers, students and parents in the school, community and also in the eTwinning conference with other teachers. Discussing problems or working in the activities can lead to new ideas for the improvement and the enrichment of the activities in regard with the objectives of the project.

Describe the expected results of the activity.

The first Module is called 'Pass' (association with handball and football terminology where 'one-twos' is a way to progress the ball up the pitch) with aims to create some initiation project documents and activities that will have a critical reference point for the next stages. Thus, this module requires a higher level of coordination between the 'team players', and a better capacity to build and react each other's intentions.

As a result of these activities, we will obtain the following outcomes and outputs:

- improved teamwork, social skills, and social responsibility;
- a positive effect on increasing participants' knowledge and skills in the field of sports and movement; Physical activity and sport have significant benefits for health, well-being, and long-term development among them;
- enrich the existing educational and sports materials and help to improve the participants' performance in addition to civic responsibility, through an activity-based approach;
- students learn about discipline and dedication, as well as how to get along with others;
- respect for cultural diversity and educational systems;
- increased empowerment, personal responsibility, and self-control.

Digital tools will be created, eTwinning space, a project web site, a Facebook group, and used actively to reach large masses of work, applications, and images.

The teams will establish a common methodology for the selection of students and create plans for the upcoming exchanges. Some presentations, worksheets, logos, slogans (after the competition the winner logo and a slogan will be chosen cooperatively) must have been published at the end of module 1. Students will develop their interviewing skills. All participants will be responsible for organizing dissemination events and integrating the results in their curricula or informal learning. Finally, the Bulgarian Sports school as the coordinator will provide leadership, monitor progress, set deadlines for results and write the meeting report.

Please describe how you determined the grant amount attributed to this activity.

The total budget allocated to this mobility is 18,000 euros.

Bulgaria (Sports high school) is the host country. The other partner countries are Romania and Turkey.

They will participate to the meeting with 10 students and 3 teachers each.

The vocational high school (PGVM) from Bulgaria will take part in the meeting with 10 students and 3 teachers, either.

Budget details:

The budget is divided into support necessary for travel and support for subsistence.

The distance Bulgaria-Turkey and Bulgaria-Romania falls into the category 100 - 499 km.

SUSTAINABLE MEANS OF TRANSPORT (green travel) by bus, two ways - from Turkey to Bulgaria and from Romania to Bulgaria

Travelling (green travel) budget details (ROM+TR) for 26 participants (10 students+3 teachers from each country).

26 Participants x 210 euros = 5460.00 Euros

**Individual support budget details:**

26 participants/students and teachers/ x 70 euros x 5 days = 9.100 Euros

ACCOMODATION: Sports school dormitory for both students and teachers

Additional 140 euro for organizational support for Romania and Turkey (vignette, border taxes, toll taxes and etc).

7500 Euros will be for Romania and 7500 Euros will be for Turkey.

1000 Euros will be for Vocational High School (PGVM) from Bulgaria to cover the daily expenses for food, transport, cultural visits.

Total amount for partners from Bulgaria (PGVM), Romania and Turkey: 16.000 EUROS.

The difference allocated in this budget of 18.000 Euros (2000 Euros) will be spent by the host country-Bulgaria (Sports High School) to carry out various project related local activities and events, spread on a period of 18 months, to buy needed materials, equipment, and consumables, to cover all management, dissemination, management, and implementation costs as well as to organize C1 meeting with the partners.

**Activity Details (Module 2: Attack (a forceful effort to reach a goal))**

Please complete the following table

Activity Title	Module 2: Attack (a forceful effort to reach a goal)
Venue	Türkiye
Estimated start date	01/07/2025
Estimated end date	31/12/2025
Leading Organisation	genclerbirligi spor lisesi (Türkiye)
Participating Organisations	SPORTNO UCHILISHTA G.S.RAKOVSKI (Bulgaria) Liceul cu Program Sportiv "Florin Fleseriu" Sebes (Romania) Profesionalna gimnaziya po veterinarna medicina 'Prof. d-r. Georgi Pavlov' (Bulgaria)
<u>Grant amount allocated to the activity</u>	18 000,00 €

**Describe the content of the proposed activity.**

Before the mobility the following activities will be performed:

A1. To make a video that shows sports facilities, equipment and sports halls the participating schools have;

A2. To create a Ppt that traces back the history of sport in the native country and local region;

A3. To conduct a 'Sports survey'- by using questionnaire to investigate students' sports habits, training, injuries, diets, problems connected with sport;

A4. To make a digital brochure: 'Breaking down stereotypes in traditional methods of sport training process'. Coaches and teachers from the four schools will describe their experience, from the first joint Sports Camp (C1), and demonstrate the new knowledge and innovative method/s for organizing and conducting sports training process and lessons to their students;

A5. To organize a visit to a sport museum in the region;

A6. To conduct an interview with a local sport legend;

During the mobility (C2 meeting in Turkey, Nov.2025).

A7. A 5-day program where students and their coaches from the participating schools will be able to:

- share sports training experience;
- organize friendly matches and open sports events (students' tournaments);
- take part in linguistic games and learn dancing steps;
- visit school lessons;
- meet famous Turkish sport stars;
- cultural visits.

The exchange involves students who train football at three sports schools, but also students practicing badminton, volleyball & wrestling from PGVM, BG.

After the mobility.

A8. We will open an exhibition with students' photos from C2 in the partner's country.

A9. To monitor and evaluate progress on the implementation of the project's aims so far, we will prepare a self-assessment portfolio for coaches, students, teachers who must identify the issue that they have been bagging, how pursued his/her aim and how many achievements they've gotten.

A10. We will exchange the carried out works and to evaluate those of this module. We will plan the activities for the third period of the project.



**Describe the target group for this activity. Who is going to take part and who is going to benefit from the results?**

A target group of at least 200 students, sports and general subject teachers, invited guests from 4 partners will participate in the local activities.

Sports teachers will encourage students to participate in activities from A1-A6 during this module. The students will benefit by:

- recording a video which presents the greatest sports achievements, athletes, and clubs. Sports halls and equipment will be also shown;
- making an online questionnaire about sports habits, injuries, diets and problems related to sports activities;
- creating a digital brochure that includes the opinions of the coaches, who describe their impressions of the first joint sports camp.

They will share the acquired new knowledge and innovative methods for organizing and conducting a sports-training process for their students;

- 'Sports Museum' presents the Sports exposition, in which the sports honors of country's greatest athletes are on display. C2 meeting in Ankara, Turkey. The students SELECTION CRITERIA will be the same as C1, motivation and willingness to implement the project tasks.

10 students and 3 teachers from Romania and a mix group from 2 Bulgarian high schools (5 students and 2 teachers each) will take part from partner's schools.

STUDENTS will benefit by improving their teamwork through experiencing new and exciting physical activities, practices and developing their social skills. The activity provides an opportunity for sports teachers to discuss and exchange ideas about good sports practices and increase understanding of the partner's culture.

GENERAL SUBJECT TEACHERS will optimize their teaching, learning methods and techniques by comparing and finding solutions on common topics.

PARENTS will be informed about the project activities. They'll attend at some of them and highly motivated to help with logistics at every stage because the students have already shared their positive impressions of the first mobility and talked about many aspects of life in the partners.

**Explain how is this activity going to help to reach the project objectives.**

This activity shows how sport can be a positive factor in increasing the quality of the participants' professional experience, developing teamwork, leadership and civic skills in young people, and strengthening mutual understanding between them through sport.

The main help this activity will offer is a great scale dissemination of the whole project idea and the results produced throughout its implementation.

A1-A8, under module 2, uses the opportunities of sports to motivate and encourage students, coaches, and teachers from our schools to reach better educational and sports achievements.

The variety of activities: make a video, create a presentation, conduct an online survey, produce a digital brochure, visit to a sport museum, interview with a sport legend, learning traditional dances will help our participants to improve their ICT and English skills, learn many new facts, develop their creativity, mental alertness, and ethical qualities.

During C2 we will have a chance not only to exchange reciprocal students and coaches, who can train in joint Sports Camp, compare training methods, and take part in friendly matches (physical fitness and skills), but also to promote European values such as sports tolerance and respect, multicultural communication and integration, creativity in solving different problems (constructive social abilities, emotional maturity).

Parents will be invited to the final conference where we will present the results of the meeting.

We will apply initial and final questionnaires to all participants. After C2, all invited teachers will apply the activities / a selection of activities in their schools, analyze the results and present them to the teachers, students and parents in their school, community and in the eTwinning conference with other teachers.

Discussing problems or working in the activities might lead to new ideas for the improvement and the enrichment of the activities in regard with the objectives of the project.

**Describe the expected results of the activity.**

The second Module is called 'Attack' (association with handball and football terminology where it is making a forceful attempt to score a goal) or otherwise our participants will gain strategic advantage, courage, confidence, and knowledge against their previous fears, gaps in learning, modern sports practice, which correspond to the realization of top sports score ant etc.

Thus, this module includes more engaged and committed participants because the collaborative teams are motivated, efficient, and innovative problem solvers.

As a result of these activities, we will obtain the following outcomes and outputs:

- fill the lack of modern training knowledge and methods for students and their coaches and thus, to drive the development of our young athletes and shaping the future of coaching;
- a shift toward a more learner-centered approach which emphasizes the importance of athletes actively constructing their own knowledge and making decisions rather than passively receiving instructions from coaches;
- the digital tools will be the platforms where our students and coaches can come together to share their experiences, challenges, and successes, thereby learning from each other and building new sport knowledge;
- helping students through their engagement with the project to open their minds, overcome prejudices and receive inputs;

- developing transversal and organizational skills such as problem solving and critical thinking and enhancing the ability to work as part of a team, develop ideas and so promote change;
  - improving the use of foreign languages and digital tools;
  - motivating and enhancing the teachers' skills (both general and sports subjects) in finding new ideas and suitable proposals and solutions through discussions and sharing;
  - promoting inclusion by offering equal opportunities of learning to students from different social background and religion.
- All participants will be responsible for organizing dissemination events and integrating the results.

Please describe how you determined the grant amount attributed to this activity.

The total budget allocated to this mobility is 18,000 euros.  
Turkey is the host country. The other partner countries are Bulgaria and Romania.  
Romania will participate to the meeting with 10 students and 3 teachers. 13 persons in total  
A mixed group from two Bulgarian high schools (5 students and 2 teachers each) will take part in C2. 14 persons in total.  
Budget details:  
The budget is divided into support necessary for travel and support for subsistence.  
The distance Turkey-Bulgaria and Turkey-Romania falls into the category 100 - 499 km.  
SUSTAINABLE MEANS OF TRANSPORT (green travel) by bus, two ways.  
Travelling (green) budget details (BUL+ROM) for 27 participants in total.  
27 Participants x 210 euros = 5670.00 Euros  
Individual support budget details:  
27 participants/students and teachers/ x 70 euros x 5 days = 9.450 Euros  
ACCOMODATION: Turkish Sports school dormitory for both students and teachers.  
Additional 880 euro for organizational support for Bulgaria and Romania (vignette, border taxes, toll taxes and etc).  
Total amount for partners from Bulgaria and Romania: 16.000 Euros.  
8000 Euros will be for Bulgaria (shared between 2 schools equally) and 8000 Euros will be for Romania.  
The difference allocated in this budget of 18.000 Euros (2000 Euros) will be spent by the host country - Turkey to carry out various project related local activities and events, spread on a period of 18 months, to buy needed materials, equipment, consumables and to cover all management, dissemination, management, and implementation costs as well as to organize C2 meeting with the partners.

### Activity Details (Module 3: Shoot (towards the goal))

Please complete the following table

Activity Title	Module 3: Shoot (towards the goal)
Venue	Romania
Estimated start date	01/01/2026
Estimated end date	31/05/2026
Leading Organisation	Liceul cu Program Sportiv "Florin Fleseriu" Sebes (Romania)
Participating Organisations	SPORTNO UCHILISHTE G.S.RAKOVSKI (Bulgaria)
	Profesionalna gimnaziya po veterinarna medicina 'Prof. d-r. Georgi Pavlov' (Bulgaria)
	genclerbirliđi spor lisesi (Türkiye)
<u>Grant amount allocated to the activity</u>	18 000,00 €

Describe the content of the proposed activity.

Before the mobility:

- A1. A CD with Top 10 sports songs devoted to worldwide famous sports event;
- A2. A video about popular rural games in childhood;
- A3. A digital brochure: 'The most important sport events of interest for me' - participants own opinions on the topic;
- A4. An online catalogue with: 'Sports resources' - (webs sites, journals, newspapers, magazines, books) What is their main content and impact they bring to sports community at participating schools?
- A5. The mobility (C3 in Sebeş, Romania, May 2026) will mark the end of the activities and the start of the finalization of the whole project.

A 5-day agenda where students and their sports coaches from the participating schools will be able to:

- present the materials produced so far;
- conduct linguistic competitions;
- visit school lessons;

- conduct a joint sports training process and share sports experience;
- organize friendly matches, open sports events;
- meet famous local sportsmen in different sports;
- have an art workshop based on sport;
- take part in a roundtable discussion on sport and educational topic;
- have a cultural program.

The exchange involves students who train football at three sports schools, but also students practicing badminton, chess, volleyball and wrestling from PGVM, BG.

After the mobility:

A6. Opening an exhibition (Erasmus+ Corner) with students' photos from C3 in the partner's country;

A7. Exchanging a CD with all products and materials;

A8. The specific purposes will be evaluation results and project conclusions - feedback. Discussion on the experience and dissemination / continuation of the project's objectives, suggestions for better integration of the activities in the curricula through formal or extra-curricular learning. Answering an evaluation questionnaire of the overall project. In the questionnaire all teachers and students of the Erasmus+ teams will participate to have clearer feedback for the project.

Describe the target group for this activity. Who is going to take part and who is going to benefit from the results?

Key participants will be 200 students, teachers, invited guests from 4 partners who will participate in the local activities and C3 mobility.

Project tasks will be integrated into next subjects' curricula: General subject teachers in ICT and Music (A1); Native and Foreign languages, Social Sciences Lesson includes History and Geography (A2); Arts, Technology and Design lesson (A3).

C3 meeting in Sebeş, Romania. Participants who are involved in the mobility will primarily benefit from the result of this module.

10 students and 3 teachers from Turkey and a mixed group from 2 Bulgarian high schools (5 students and 2 teachers each) will take part from partner's schools. The students SELECTION CRITERIA will be the same as C1-C2, motivation and willingness to implement the project tasks.

Students will benefit by developing their social skills, teamwork, experience new and exciting physical activities.

The activity provides an opportunity for sports teachers to develop their ability to plan and deliver effective training sessions for their students' teams that they can apply in real game scenarios. They also discuss and exchange ideas about good sports practices and increase understanding of the partner's culture. General subject teachers will optimize their teaching methods and techniques by comparing and finding solutions on common topics.

After C3 is completed, meetings will be held in our schools related to this training modules. Information will be shared with other colleagues in our schools. The knowledge and skills obtained will be applied in our own schools, so that every student and teacher in our schools involved in the project will benefit from these results.

Families will benefit from the project results by coordinating with the school management. As the first 2 meetings, local sports stars from the region, from the education inspectorate, authorities and the chairman of sports, media, local schools will be invited to participate in project activities.

Explain how is this activity going to help to reach the project objectives.

This activity is necessary to have a full view of what is achieved through the project duration, since one of the main objectives is to supply sports teachers with new ways and tools to 'Teach' students about sports issues the roundtable discussion will lead to sharing opinions and influencing each other for adopting the use of the material and finding ways incorporating it in the curricula. Thus, the exchanging a CD with all products and materials that includes photos, videos, well as a compilation of all working material collected and produced during the project and the participation in C3 mobility will help to improve skill level among most students and coaches. They can use and apply new knowledge and learning approaches, not only for sports, but general subjects, too. The activities also fill the lack of a comprehensive set of sports teaching materials, the lack of sports events (international matches), the lack of a sports database (sports resources). By implementing these activities, we can stimulate better our students and coaches for high sports and school achievements. Students gain cultural knowledge, understanding and knowledge of 3 countries through their dialogue with their partners - learning from primary sources. In short, they also can get to know, discuss and experience the similarities and differences in the cultural aspects of the partners.

During C3 all participants are given the opportunity to visit some historical and cultural sights. We will try to draw their attention to the new global threats that can affect cultural heritage and to remind them that the preservation of sites and monuments contributes to social cohesion. There are also cultural activities such as traditional art and creating sports art designs.

The students will prepare a final exhibition with photos from C3, write reports on the experience they gain and share them in our e-Twinning space, work on the project & school websites, Facebook to update with final materials.

Describe the expected results of the activity.

The third Module is called 'Shoot' (association with handball and football terminology where it is to kick or throw a ball towards the goalpost where you can get a goal) or otherwise our participants will try to score a 'goal' for themselves or their teams during this activity.

Module 3 is to summarize our expectations to all participants during the whole project. First, we regard it to be a project of and with the young sports generation. Therefore, nobody would mind if the one or other result is not as professionally perfect as if it is done by craftsmen. Again, all the students are offered the tasks according to their personal preferences and abilities. It helps them to develop their independence, and it reinforces their responsibility for the project. All the project activities are also be organized and held by them under the guidance of their coaches and teachers. Students will collect songs devoted for big sports events, make a digital brochure with personal opinions, take part in creating an online catalogue with sports resources for wide-spreading distribution among the local and school community. Students and their coaches will be the leading force during C3 where they'll take part in friendly controls, official sports contests. It'll help them to improve their sports skills, they will compare the training process in the partner's school and find out new ways for improving it. In the evaluation stage all participants will express their opinion in the questionnaire about C3, they compare their self-portfolio with the results from the beginning of the work. Although, the activities are aligned mainly with the sports training curriculum, but they will be carried out not only during regular sports training process for students but also during classroom activities (ICT, art, languages, social sciences). Teaching materials can be further distributed in similar ways among the participants during organized training courses and among the eTwinning platform.

Please describe how you determined the grant amount attributed to this activity.

The total budget allocated to this mobility is 18,000 euros.

Romania is the host country. The other partner countries are Bulgaria and Turkey.

Turkey will participate to the meeting with 10 students and 3 teachers. 13 persons in total.

A mixed group from two Bulgarian high schools (5 students and 2 teachers each) will take part in C3. 14 persons in total.

Budget details:

The budget is divided into support necessary for travel and support for subsistence.

The distance Romania-Bulgaria and Romania-Turkey falls into the category 100 - 499 km.

SUSTAINABLE MEANS OF TRANSPORT (green travel) by bus, two ways.

Travelling (green) budget details (BUL+TUR) for 27 participants in total.

27 Participants x 210 euros = 5670.00 Euros

Individual support budget details:

27 participants/students and teachers/ x 70 euros x 5 days = 9.450 Euros

ACCOMODATION: Romanian Sports school dormitory for both students and teachers.

Additional 880 euro for organizational support for Bulgaria and Turkey (vignette, border taxes, toll taxes and etc).

Total amount for partners from Bulgaria and Turkey: 16.000 Euros.

8000 Euros will be for Bulgaria (shared between 2 schools equally) and 8000 Euros will be for Turkey.

The difference allocated in this budget of 18.000 Euros (2000 Euros) will be spent by the host country - Romania to carry out various project related local activities and events, spread on a period of 18 months, to buy needed materials, equipment, and consumables, to cover all management, dissemination, management, and implementation costs as well as to organize C3 meeting with the partners.

### Activity Details (Module: 4 Score (a goal for the successful project + management))

Please complete the following table

Activity Title	Module: 4 Score (a goal for the successful project + management)
Venue	Bulgaria
Estimated start date	01/06/2026
Estimated end date	30/06/2026
Leading Organisation	SPORTNO UCHILISHTE G.S.RAKOVSKI
Participating Organisations	Liceul cu Program Sportiv "Florin Fleseriu" Sebes (Romania) genclerbirliđi spor lisesi (Türkiye)
<u>Grant amount allocated to the activity</u>	6 000,00 €

Describe the content of the proposed activity.

Project management

The budget will be managed according to the planned activities and mobilities. The expenditure of the funds will be carried out according to Erasmus+ rules. Expenses will be planned accordingly upcoming activities and tasks.

To have a clear assessment about the quality, effectiveness, efficiency of the project we will develop a continuous process of INTERNAL monitoring on local level and EXTERNAL monitoring within the framework of the joint work with our partners. Thus, we will be able to discover the difficulties in the partnership and to find out a way to overcome them in the

implementation of follow-up activities.

Throughout the 18 months, coordinators within each school will hold monthly meetings with the staff and students involved (management team, finance team, teaching team, students) to check progress and evaluate work so far, as well as to keep track of the budget. In addition to these monthly meetings, concerned students and (sports) teachers will meet every week to work on the project activities and check if the planned schedule is respected.

That's why we, the national coordination teams, prepared at the application stage a schedule for the planned activities between and during mobilities (attached file: 'Gantt chart'). This schedule is sufficiently detailed and précised to make the project monitoring easier and to enable a good student's participation to these monitoring activities.

The coordinators will regularly exchange with the relevant school community members, with the finance department which will rigorously scrutinize the expenditures and their eligibility with regards to the Erasmus+ strategic partnership financial rules. In addition to the finance office work, the coordinator of each school will hold updated tables for the follow-up of the expenditures for each of the budget lines. After each mobility, the coordinator will deliver to the finance office an updated cost.

Describe the target group for this activity. Who is going to take part and who is going to benefit from the results?

The people responsible for the monitoring are school directors, contact persons (coordinator), coaches, teachers and the accountants. The school principals will lead the project teams, provide the necessary support for the performance of each activity, organize the distribution of results among school and the local community. The coordinators make the contact between the teachers from the local school with those of the partner schools, if necessary, assists in the exchange of information between them, carry out regular correspondence and monitoring of activities. During each exchange of students, a meeting of accompanying coaches is organized to do a review of project progress, activities undertaken so far, budget already used and the contribution of timely adjustments to ensure project implementation in accordance with set objectives and tasks.

Furthermore, an online survey will be prepared and uploaded to be sure that it will remain available for each delegation. This survey will be built during the first meeting and its content will address all the project aspects both pedagogical and financial. It will be filled regularly by each coordinator and will be a good opportunity to compare the project progress with the initial overall project schedule. Moreover, mobilities, where each delegation will attend will also be an opportunity to review the project progress with regards to the initial plans. Any relevant correcting measure will then be applied in our schools to be sure that each of us respects his commitments in terms of activities planned as well as in terms of expenditures. The fortnightly online meetings between coordinators will mainly consist of addressing budget control and time management, from the first project activities to the dissemination of the project outcomes.

Finally, The DISSEMINATION EVENTS ARE TARGETED at a wide audience ranging from representatives of local partners to other key stakeholders like national sport federations, famous athletes.

Explain how is this activity going to help to reach the project objectives.

The basic aim of the project is the improvement our participant academic performance and achievements around the topic of sport and school subjects (languages, ICT, art, music, history, ethics, creativity, geography, health).

Another aim is intercultural learning and networking among (sports) teachers and students. As well as our aims are to encourage CIVIC INVOLVEMENT and fully to involve student participation who have FEWER OPPORTUNITIES. Thus, our (sports) learning activities will be of various aspects and methods: joint sports trainings, roundtables, conferences, brochures, posters, videos, presentations, lectures, linguistic games, sports songs, art, dances, cultural activities etc. During each mobility, workshops, joint training process and friendly matches are conducted both by students and (sports) teachers. Those activities will be prepared by students and teachers of each country, sometimes involving students and teachers who will not travel with the received team.

We will combine the traditional project management methodologies with an ECOLOGICAL PROJECT MANAGEMENT - with a focus on environmental, social, and economic sustainability.

a) we design some tasks to minimize resource consumption (web site, a CD, dance, music and sports events). We also plan (during the mobility) to promote tree plantation around our sports complexes and thus practice recently learned skills in math and science by students;

b) we will invite parents and local government to support our initiative of tree plantation;

c) we will use GREEN TRAVEL for transport between our countries.

The grant allocated in budget line will be used to support the above-mentioned objectives as like to organize the activities implemented at a local level in each school (buying necessary materials and equipment); buy and create promotional material for the project (photos for the exhibition wall, banners, stickers); participate in events on the topics of the project.

Describe the expected results of the activity.

#### TEAM BUILDING

The first result that must be achieved take place at the partner selection process. We have numerous previous sporting experiences, 2 BG schools rich Erasmus+ experience, therefore we are convinced that a project can reach its objectives only if the team has been built carefully, with trustworthy working participants. The selection process will enable to avoid any conflict between the project partners since they are used (and motivated) to working together. The same process has been used at a local level, for the selection of local partners, from school staff to out-school stakeholders. The involved students have various backgrounds and aspirations. Relevant staff members will be implied to enable a better recognition of every

suspect behavior of unease amongst students. Finally, responsibilities of each participant will be quickly and clearly defined.

#### MEETINGS

Different meetings, with various people and in diverse frequencies, will be organized all along the project. Fortnightly online meetings of coordinators, monthly meetings of school teams, weekly activities of involved students and staff (and local partners), each of these meetings will be a good opportunity to discuss and exchange about every possible conflict or participation/implementation difficulty. Manage risks related to project implementation.

#### SURVEYS

Online surveys and after-mobility surveys will also be used, when necessary, by the different stakeholders to explain/introduce their potential uncomfortable feelings.

#### ECOLOGICAL PRACTICES:

- Most activities will take place near our educational establishments so as not to generate unnecessary travel;
- Non-renewable resources will be mobilized;
- The digitalization of productions.
- The most eco-compatible routes will be favored. All partners are in countries relatively close to each other, which opens perspectives. Travel by bus is possible, less expensive financially and less impactful than flying.

Please describe how you determined the grant amount attributed to this activity.

#### PROJECT MANAGEMENT AND IMPLEMENTATION BUDGET

There will be a purchase of the videoconferencing software for the concerned schools, the 'Project management and implementation' budget will be also used to buy web conference equipment (when necessary) for the planned students or staff web conference, to cover local travel expenses related to the project, between mobilities and when hosting a mobility (visits or activities outside, in other schools). We also intend to buy the necessary materials to produce the expected end products: online brochures & posters which will be translated in all the partners languages, some essential office supplies, advertising materials for the dissemination process.

Hosting activities and related costs will also be supported by budget line.

Finally, for a partners equality reason and since the coordinator won't have extra expenditures related to his task of coordinator, it's important to mention that all schools will pay equally costs related to common project products and advertising materials, as follows:

Bulgaria (SPORTNO UCHILISHTE G.S.RAKOVSKI)- 1500 euro; Romania - 1500 euro; Turkey - 1500 euro; Bulgaria (Profesionalna gimnaziya po veterinarna medicina 'Prof. d-r. Georgi Pavlov') - 1500 euro.

## Budget Summary

This section provides a summary of the estimated project budget. The table is automatically completed taking into account the described project activities and their estimated cost.

Activities	Estimated cost (EUR)
Module 1: Pass (a way to progress on your goal)	18 000,00
Module 2: Attack (a forceful effort to reach a goal)	18 000,00
Module 3: Shoot (towards the goal)	18 000,00
Module: 4 Score (a goal for the successful project + management)	6 000,00
<b>Total</b>	<b>60 000,00</b>
Project lump sum	60 000,00 €

## Impact and Follow-up

How will you know if the project has achieved its objectives? What tools or methods will you use?

During the project we will use several evaluation self-assessment tools to measure the effects on students, on coaches and teachers, on schools and the evidence of good partnership. Thus, we'll know if the project has achieved its objectives and our expectations or not enough.

We will start and end our project with AN ONLINE QUESTIONNAIRE, so that we have a means of comparing the "before" to the "after"; to find out the way our participants perceive the other nations and their satisfaction in project (over 80% positive responses will be considered as a success).

During the time there will be different INTERVIEWS with sports people/students/teachers involved and those who only have heard of the project. We of course will OBSERVE the progress within our schools and in the partner schools as well. By this observation, hopefully we will be able to measure the level of participation of the single target groups (support from teachers from different school subjects, parents, local sportsmen or experts, other associated partners).

At the end of each module coaches, teachers, students and coordinators will feedback any issues to the others. They will also measure and compare the results and will observe the changing regarding the students' attitude and behavior. The coordinator will REPORT the partners about the progress of the project and in how far we have fulfilled our tasks as to that limit. We will evaluate it by using the analyzing achievements we have been collected at the end of a project module.

In addition to this procedure, we will use the collected data by FOCUS GROUP DISCUSSIONS (face to face, virtual via eTwinning) and EVALUATION FORMS (SurveyMonkey), that are going to be held regularly at 4 schools and during our C1-3 meetings between the coaches, teachers and the students who will take part in the mobility, to assess strengths and weaknesses of the project.

Towards the end of the project A PRESENTATION OF THE PRODUCTS AND OF THE RESULTS (found by different methods we use) will be held in the three schools in form of an exhibition proving to the public that it is and is worthwhile doing a European project at our schools.

Finally, we want to stress that EVALUATION of the partnership is not seen as another supplementary task. It is in some way a natural result of the previous fields. It may act as A CHECK LIST to gather evidence of the overall process of co-operation. This FINAL EVALUATION of the work will be carried out jointly between coaches, students, and teachers in the four schools, in which the acquisition of new skills will be considered, as also new knowledge and the possible change of attitudes.

To have a complete and successful follow-up we will use our PORTFOLIOS with online resources of materials concerning the project for wider circulation. This portfolio results will be very useful for us in different ways, e.g. dissemination of information within the partnership, to other school, to school authorities, to the National Agency.

How will the participation in this project contribute to the development of the involved organisations in the long-term? Do you have plans to continue using the results of the project or continue to implement some of the activities after the project's end?

The project is designed as a collaborative interaction with educational purpose with aims to strengthen their sports and school achievements.

In the long-term, the impact on the participants will enrich their sporting skills and performances, sports culture, based on the wide variety of proposed activities. They will get broader understanding of how sport contribute to a better health and lifestyle. They will learn and build respect to different cultures and people.

Students will develop a framework for learning new sports training methods, programme and techniques. The project will engage and stimulate their interest in the areas examined and give them the possibilities for use this knowledge and skills (included into their sports curricula and strategies in the native school) for their further practice. Students will learn more about the sport stars in the partner schools both local and national level. They will get broader understanding of partners geography, habits, traditions, understanding of friendship and relationship between young generation and parents. Students will improve their communication and self-expressing skills and gain more courage to speak in other language in multicultural context.

Sports coaches and teachers will enlarge and improve the sports pedagogic and didactics opportunities, by gaining knowledge of the sports training educational system in the partner countries. This collaboration between sports coaches and teachers will give opportunity for them to find and use better ways of sports training process, more interesting ways of teaching and use of innovation methods in their educational practice. They will be more motivated and will contribute to the creation of lessons and materials.

Our relationship with parents will become closer as they will also be involved in the dissemination activities and expected to get more involved in the school life.

At local level our school image will become more visible in our communities, by educating children for the future, beyond the mere subject teaching frame. At national and European level, our schools will be perceived as reliable partners and will access future project opportunities, either with similar partners or with different ones.

**ACTIVITIES ON THE DEVELOPMENT OF SUSTAINABILITY PRACTICES:**

Schools will use the produced online materials in their curriculum more, to continue using the results of the project beyond its lifespan.

We intend to use and promote the use of the project WEB SITE and implemented activities in our school communities. Once all materials are published, we will intensify disseminate them to allow it to reach as many beneficiaries as possible. We will



use some of the project ideas shared by our partners to celebrate and mark SPECIAL SPORTS DAYS, CAMPAIGNS, TOURNAMENTS and SEMINARS in the calendar. Moreover, we will invite other schools to join our eTWINNING space and encourage them to take part in Erasmus+ projects in the future.

Please describe your plans for sharing and use of project results.

- How will you make the results of your project known within your partnership, in your local communities and in the wider public? Who are the main target groups you would like to share your results with?
- Are there other groups or organisations that will benefit from your project? Please explain how.

Dissemination will be our priority in the project, since the target group of students will only have access to information through the participating coaches and teachers. Therefore, we have planned this activity thoroughly and have agreed to do at least the following within the partnership:

At the beginning of the project, January 2025, each school promotes the project on their school website, creates online information bulletin for wider circulation among their school and local communities via Internet.

We will also:

- create social media spaces and a project website;
- a project informative board / Erasmus+ corner/ to present the project, which will be updated after each meeting;
- make a presentation in teachers' meetings with information about our partners, target groups, objectives, activities, expected results;
- informative letters to educational, municipal and sports authorities to be invited to join in our activities;
- produce an event on the local TV/radio station, articles in printed media to launch the project to local community;
- produce a PPT with the focus on project participants, town, country.

During each meeting (C1, C2, C3) responsible persons will create daily posts on the social media platforms assigned (Facebook/Instagram groups) and our eTwinning space.

Each partner organizes:

- sports trainings and events, friendly matches where local school and communities are also invited;
- lessons and linguistic activities with students in the target group (at least 2 lessons and 1 activity);
- sports campaigns organized with student and parents.

After each meeting:

- project team meetings will share the mobility results and evaluate their quality;
- teachers' meetings will present of professional and cultural aspects from mobilities;
- updates of project website, school websites, eTwinning;
- distribution online (each host institution is responsible);
- presentation of results to parents in parents' meetings;

In the local community, the project will be visible and its results disseminated through:

- meetings with authorities (during the hosted C1,2,3);
- articles in the local newspapers (minimum 1 after each meeting);
- interviews in radio and TV shows (where applicable);
- school events.

At national level, each partner must disseminate the project results through:

- an article in a specialized sports magazine (min.1), national sports conference (min.1 material), presentation in sports teacher networks (min.1) during the entire project duration.

At the end of the project, after the publication of all materials, each partner will organize a local event with students, coaches, and teachers from their school in their town, where we will present the final products.

In this way, we will ensure that the project results are multiplied, and other teachers and schools will be able to use the materials. Also, the eTwinning and the ESEP will have links to this web database, so other schools at European level can access and use it as well.

## Project Summary

### Project Summary

Please provide a short summary of your project. Please be aware that this section (or part of it) may be used by the European Commission, Executive Agency or National Agencies in their publications. It will also feed the Erasmus+ Project Results Platform.

In view of further publication on the Erasmus+ Project Results Platform, please also be aware that a comprehensive public summary of project results will be requested at report stage(s). Final payment provisions in the contract will be linked to the availability of such summary.

#### Objectives: What do you want to achieve by implementing the project?

'Pass, Attack, Shoot, Score!' focuses on the power of sport to motivate and encourage students, coaches and teachers from 4 European schools, thus, to improve their educational performance and sports achievements. It also looks at how sporting activities can be a positive factor to develop participants' teamworking, leadership and citizenship skills, enhance their cultural awareness, promote European values such as sports tolerance and respect, multicultural communication and social integration.

#### Implementation: What activities are you going to implement?

We have a chance to exchange reciprocal students and coaches from different kind of sports who can train together during 3 meetings, take part in friendly competitions, compare training methods, as well as attend school lessons, have linguistic games, meeting sports legends, art and music workshops, visits.  
The final products: a web site, sports brochures / questionnaires / presentations / picture dictionary / songs / worksheets will be shared online, and every EU citizen can benefit from them.

#### Results: What results do you expect your project to have?

We expect our participants to enhance their sporting skill development through hands-on experience that addresses their social inclusion, well-being, and career-building opportunities. They will also enrich their communication and digital skills through continuous collaboration with peers. Teachers will improve their teaching techniques and instructional materials, expand their sports network. As a result, we will build them pathways to future prosper and achieve, both in and out of sport.

## EU Values

The Erasmus+ programme's implementation, and therefore, the programme beneficiaries and the activities implemented under the programme, have to respect the EU values of respect for human dignity, freedom, democracy, equality, the rule of law and respect for human rights, including the rights of persons belonging to minorities, in full compliance with the values and rights enshrined in the EU Treaties and in the EU Charter of Fundamental Rights.

Article 2 of the TEU: The Union is founded on the values of respect for human dignity, freedom, democracy, equality, the rule of law and respect for human rights, including the rights of persons belonging to minorities. These values are common to the Member States in a society in which pluralism, non-discrimination, tolerance, justice, solidarity and equality between women and men prevail.

Article 21 of the EU Charter of Fundamental Rights: 1. Any discrimination based on any ground such as sex, race, colour, ethnic or social origin, genetic features, language, religion or belief, political or any other opinion, membership of a national minority, property, birth, disability, age or sexual orientation shall be prohibited. 2. Within the scope of application of the Treaties and without prejudice to any of their specific provisions, any discrimination on grounds of nationality shall be prohibited.

### Subscribing to EU Values

I confirm that I, my organisation and the co-beneficiaries (where applicable) adhere to the EU values mentioned in Article 2 of the TEU and Article 21 of the EU Charter of Fundamental Rights

I understand and agree that EU Values will be used as part of the criteria for evaluation of the activities implemented under this project

## Annexes

The maximum size of a file is 15 MB and the maximum total size is 100 MB.

## Declaration on Honour

Please download the Declaration on Honour, print it, have it signed by the legal representative and attach.

File Name	File Size (kB)
DOH -Declaration on Honour For beneficiaries_SPORTNO_Bulgaria_(DoH).pdf.pdf	480
<b>Total Size (kB)</b>	<b>480</b>

## Accession forms

Please download the accession forms, have them signed by the relevant legal representatives, and attach the signed forms here. You can attach a maximum of 90 documents.

Accession forms must be provided at the latest before the signature of the grant agreement.

File Name	File Size (kB)
ACF -Accession form for beneficiaries_PGVM_ Bulgaria.pdf	368
ACF -Romania_Accession form.jpg	573
ACF -Turkey_Accession form.jpg	345
<b>Total Size (kB)</b>	<b>1 287</b>

## Other Documents

If needed, please attach any other relevant documents (a maximum of 9 documents). Please use clear file names.

If you have any additional questions, please contact your National Agency. You can find their contact details here: [List of National Agencies](#).

File Name	File Size (kB)
OTH -Pass, Attack, Shoot, Score!.xlsx	25
<b>Total Size (kB)</b>	<b>25</b>
<b>Total Size (kB)</b>	<b>1 793</b>

## Checklist

Before submitting your application form to the National Agency, please make sure that:

- It fulfills the eligibility criteria listed in the [Programme Guide](#).
- All relevant fields in the application form have been completed.
- You have chosen the correct National Agency of the country in which your organisation is established. Currently selected NA is: BG01 - Human Resource Development Centre (HRDC)

### Original content and authorship

- I confirm that this application contains original content authored by the applicant and partner organisations.
- I confirm that no other organisations or individuals external to the applicant and partner organisations have been paid or otherwise compensated for drafting the application.

### Protection of Personal Data

Please read our privacy statement to understand how we process and protect [your personal data](#)

## Submission History

Version	Submission time (Brussels time)	Submission ID	Submission status
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